East Woods School

November 2026

School lunch menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 **Macaroni and Cheese** Vegetable of the Day Fresh Fruit	**3** **Upper School BBQ** Hot Dogs, Hamburgers, Grilled Chicken Vegetable of the Day	**4** **Grilled Chicken Caesar Salad** Garlic Bread Fresh Fruit	**5** **Lamb and Beef Gyro** Lemon Rice & Vegetable of the Day Fresh Fruit	**6** **Lunch On The Go** Pizza
9 **Teriyaki Chicken** Sushi, Rice, and Edamame Fresh Fruit	**10** **Pizza** Mozzarella and Tomato Salad Fresh fruit	**11** *No School*	**12** **Chicken Tender** Baked Fries and Vegetable of the day Fresh Fruit	**13** **Lunch on the GO** Pizza
16 **Cheese Tortellini in Pink Sauce** Zucchini Linguini Fresh Fruit	**17** **Thanksgiving Dinner** Turkey, Mashed Potato, and String Beans Sweet Potato Trio	**18** **Grilled Cheese** Tomato Soup and Vegetable of the Day Fresh Fruit	**19** **Wagu Beef Taco** Rice, Mexican Street Corn, Plantain, Guacamole, and Veggie Taco Fresh Fruit	**20** **Lunch on the Go** Pizza
23 **Beef Sliders** Baked Fries & Vegetable of the Day Fresh Fruit	**24** *Early Dismissal*	**25** *No School*	**26** *No School*	**27** *No School*
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Available Every Day

SALAD BAR
Baby Arugula, Baby Spinach, Green or Red Leaf Lettuce, Cucumber, Grape Tomato, Carrots

DRESSINGS
Balsamic, Caesar

SANDWICH ITEMS
Tuna Salad, Egg Salad, Sliced American, Sliced Roast Beef, Whole Wheat Bread, Rotating Fresh Baked Bread

FRESH FRUIT
Apples, Bananas, Clementines

SMALL BITES
Yo Kid Yogurt Tubes, Organic String Cheese

BEVERAGE
Organic Whole Milk, Water

Vegetarian option available every day. Menus subject to change. Allergen information available from the kitchen.